

CATARACT TRAIL TO LAUREL DELL FROM ALPINE DAM

Plants listed on one of Wilma Follette's Tuesday group's hike on 10 Mar. 2005 by Wilma Follette and Doreen Smith
Nomenclature updated on 1/5/2012 for concordance with Jepson Manual # 2

AGAVACAE (AGAVE FAMILY)	
Chlorogalum pomeridianum var. pomeridianum	Soap Plant
ANACARDIACEAE (SUMAC FAMILY)	
Toxicodendron diversilobum	Poison Oak
APIACEAE (CELERY FAMILY)	
Osmorhiza berteroi	Sweet Cicely
Sanicula crassicaulis	Pacific Sanicle, Snakeroot
Torilis arvensis	Hedge Parsley *
Torilis nodosa	Hedge Parsley *
ARALIACEAE (ARALIA FAMILY)	
Aralia californica	Elk Clover
ARISTOLOCHIACEAE (BIRTHWORT FAMILY)	
Aristolochia californica	California Pipe-vine
Asarum caudatum	Wild Ginger
ASTERACEAE (ASTER FAMILY)	
Adenocaulon bicolor	Trail Marker
Anisocarpus madioides	Woodland Madia
Baccharis pilularis	Coyote Brush
Bellis perennis	English daisy *
Carduus pycnocephalus	Italian Thistle *
Cirsium vulgare	Bull Thistle *
Eriophyllum lanatum var. arachnoideum	Woolly Sunflower
Hieracium albiflorum	White Hawkweed
Hypochaeris glabra	Smooth Cat's-ear *
Hypochaeris radicata	Hairy Cat's-ear *
Pseudognaphalium luteoalbum	Weedy Cudweed *
Soliva sessilis	Soliva
Sonchus asper	Prickly Sow-thistle *
Sonchus oleraceus	Smooth Sow-thistle *
Symphyotrichum chilense	Common Aster Laurel Dell)
Taraxacum officinale	Dandelion *
Wyethia glabra	Mule-ears
BERBERIDACEAE (BARBERRY FAMILY)	
Vancouveria planipetala	Inside-out Flower, Redwood Ivy
BETULACEAE (BIRCH FAMILY)	
Corylus cornuta var. californica	Hazelnut
BLECHNACEAE (DEER FERN FAMILY)	
Woodwardia fimbriata	Chain Fern

BORAGINACEAE (BORAGE FAMILY)		
Cynoglossum grande	Hound's Tongue	
Nemophila heterophylla	Small-flowered Nemophila	
Nemophila menziesii	Baby-blue-eyes	
Nemophila parviflora var. parviflora	Tiny-flowered Nemophila	
Romanzoffia californica	Mist Maiden	
BRASSICACEAE (MUSTARD FAMILY)		
Cardamine californica var. californica	Woodland Milk-maids	
Cardamine oligosperma	Bitter-cress	
Turritis glabra	Tower Mustard	
CAMPANULACEAE (BELLFLOWER FAMILY)		
Asyneuma prenanthoides	Redwood Harebell	
CAPRIFOLIACEAE (HONEYSUCKLE FAMILY)		
Lonicera hispidula	California Honeysuckle	
Symphoricarpos albus var. laevigatus	Snowberry	
Symphoricarpos mollis	Short Snowberry	
CARYOPHYLLACEAE (PINK FAMILY)		
Cerastium glomeratum	Annual Mouse-ear Chickweed	*
Stellaria media	Common Chickweed	*
CELASTRACEAE (BURNING-BUSH FAMILY)		
Euonymus occidentalis	Pawnbroker Bush, Spindleberry	
CYPERACEAE (SEDGE FAMILY)		
Carex densa	Sedge	
Carex globosa	Woodland Sedge	
Cyperus eragrostis	Umbrella Sedge	*
DENNSTAEDTIACEAE (BRACKEN FERN FAMILY)		
Pteridium aquilinum var. pubescens	Western Brackenfern	
DRYOPTERIDACEAE (WOOD FERN FAMILY)		
Cystopteris fragilis	Brittlefern	
Dryopteris arguta	Common Woodfern	
Polystichum munitum	Common Swordfern	
ERICACEAE (HEATHER FAMILY)		
Arbutus menziesii	Madrone	
Vaccinium ovatum	Huckleberry	
FABACEAE (FAVA BEAN FAMILY)		
Amorpha californica var. napensis	False Indigo	LIST1B
Lathyrus vestitus var. vestitus	Hillside Pea	
Lupinus latifolius	Broadleaf Lupine	
Medicago polymorpha	Bur Clover	*
Trifolium sp.	Clover	*
Vicia americana var. americana	American Vetch	
FAGACEAE (BEECH FAMILY)		
Lithocarpus densiflorus var. densiflorus	Tanbark Oak	
Quercus agrifolia var. agrifolia	Coast Live Oak	
Quercus chrysolepis	Canyon Live Oak	

GERANIACEAE (GERANIUM FAMILY) Geranium molle	Soft-leaved Cranesbill	*
HYDRANGEACEAE (HYDRANGAEA FAMILY) Whipplea modesta	Modesty	
IRIDACEAE (IRIS FAMILY) Iris douglasiana "var. major"	Inland var. Douglas Iris	
JUNCACEAE (RUSH FAMILY) Juncus balticus Juncus pacificus Luzula comosa	Wiry Rush Rush Woodland Wood-rush	
LAMIACEAE (MINT FAMILY) Lepechinia calycina Scutellaria californica Stachys rigida var. quercetorum	Pitcher Sage California White Skullcap Woodland Hedge-nettle	
LAURACEAE (LAUREL FAMILY) Umbellularia californica	California Bay	
LILIACEAE (LILY FAMILY) Clintonia andrewsiana Prosartes hookeri Fritillaria affinis var. affinis Scoliopus bigelovii	Clintonia Green Fairy Bells Mission Bells Fetid Adder's Tongue	
MALVACEAE (MALLOW FAMILY) Sidalcea malviflora ssp. malviflora	Checker-bloom (at Laurel Dell)	
MELANTHIACEAE (FALSE HELLEBORE FAMILY) Trillium ovatum	Wake-robin	
MONTIACEAE (MINERS-LETTUCE FAMILY) Claytonia perfoliata Montia fontana Montia parvifolia	Miners Lettuce Water Montia/ Bliks Montia	
MYRSINACEAE (MYRSINE FAMILY) Trientalis latifolia	Star-flower	
ORCHIDACEAE (ORCHID FAMILY) Calypso bulbosa	Calypso Orchid	
OROBANCHACEAE (BROOMRAPE FAMILY) Pedicularis densiflora	Indian Warrior	
OXALIDACEAE (OXALIS FAMILY) Oxalis oregana	Redwood Sorrel	
PHRYMACEAE (LOPSEED FAMILY) Mimulus aurantiacus Mimulus guttatus	Sticky Bush Monkeyflower Perennial Yellow Monkeyflower	

PINACEAE (PINE FAMILY)		
<i>Pseudotsuga menziesii</i> var. <i>menziesii</i>	Douglas- fir	
PLANTAGINACEAE (PLANTAIN FAMILY)		
<i>Collinsia heterophylla</i>	Chinesehouses	
<i>Digitalis purpurea</i>	Foxglove	*
<i>Plantago lanceolata</i>	Ribwort, English plantain	*
<i>Synthyris reniformis</i>	pale flowered snow queen	
POACEAE (GRASS FAMILY)		
<i>Anthoxanthum occidentale</i>	Vanilla Grass	
<i>Festuca californica</i>	California Fescue	
<i>Festuca occidentalis</i>	Western Fescue	
<i>Melica torreyana</i>	Slender Melicgrass	
<i>Poa annua</i>	Annual Bluegrass	*
POLYGONACEAE (BUCKWHEAT FAMILY)		
<i>Rumex</i> sp.	Dock	
POLYPODIACEAE (POLYPODY FERN FAMILY)		
<i>Polypodium calirhiza</i>	Common Polypody	
<i>Polypodium glycyrriza</i>	Licorice fern	
PTERIDACEAE (BRAKE FERN FAMILY)		
<i>Adiantum aleuticum</i>	Five-finger Fern	
<i>Adiantum jordanii</i>	California Maidenhair	
<i>Pellaea andromedifolia</i>	Coffee Fern	
<i>Pentagramma triangularis</i>	Goldback Fern	
RANUNCULACEAE (BUTTERCUP FAMILY)		
<i>Anemone grayi</i>	White Windflower	
<i>Delphinium nudicaule</i>	Red Larkspur	
<i>Ranunculus californicus</i>	California Buttercup	
ROSACEAE (ROSE FAMILY)		
<i>Fragaria vesca</i>	Wild Strawberry	
<i>Heteromeles arbutifolia</i>	Toyon, Christmas-berry	
<i>Holodiscus discolor</i>	Ocean-spray	
<i>Rosa gymnocarpa</i>	Wood Rose	
<i>Rubus parviflorus</i>	Thimbleberry	
RUBIACEAE (MADDER FAMILY)		
<i>Galium aparine</i>	Goosegrass Bedstraw	*
<i>Galium californicum</i> ssp. <i>californicum</i>	Hairy Bedstraw	
<i>Galium porrigens</i> var. <i>porrigens</i>	Climbing Bedstraw	
<i>Galium triflorum</i>	Sweet-scented Bedstraw	
<i>Sherardia arvensis</i>	Field Madder	*
RUSCACEAE (BUTCHERS-BROOM FAMILY)		
<i>Maianthemum racemosum</i>	Fat Solomon	
<i>Maianthemum stellatum</i>	Slim Solomon	
SAPINACEAE (SOAPBERRY FAMILY)		
<i>Acer macrophyllum</i>	Big-leaf Maple	
<i>Aesculus californica</i>	California Buckeye	

SAXIFRAGACEAE (SAXIFRAGE FAMILY)

Boykinia occidentalis
 Heuchera micrantha
 Lithophragma sp.
 Micranthes californica
 Tellima grandiflora

Brook Foam
 Alum-root
 Woodland Star
 Ca. dwarf Saxifrage
 Fringe-cups

SCROPHULARIACEAE (FIGWORT FAMILY)

Scrophularia californica ssp. californica

Bee-plant

SELAGINELLACEAE (MOSS FERN FAMILY)

Selaginella wallacei

Wallace Moss Fern

TAXACEAE (YEW FAMILY)

Torreya californica

California nutmeg

TAXODIACEAE (REDWOOD FAMILY)

Sequoia sempervirens

Redwood

THEMIDACEAE (BRODIAEA FAMILY)

Triteleia laxa

Ithuriel's Spear

VALERIANACEAE (VALERIAN FAMILY)

Plectritis congesta ssp. brachystemon

Small-flowered Plectritis

VIOLACEAE (VIOLET FAMILY)

Viola sempervirens

Redwood Violet

WOODSIACEAE (WOODSIA FERN FAMILY)

Athyrium filix-femina var. cyclosum

Lady-fern

Notes

- * Non-native plants or natives planted out of natural native location.
 List 1B Listed, 2008, in the C.N.P.S. Inventory of Rare & Endangered Plants, highest priority.
 List 3 Listed as plants about which more information is needed.
 List 4 Listed as plants of limited distribution.