

ALICE EASTWOOD ROAD from Mountain Home to MUIR WOODS Visitor Center.

Started April 2004 by Wilma Follette, Doreen Smith and the Marin Chapter CNPS hiking group.

List updated for Muir Woods Park only, March 30th, 2007, by D.L. Smith and Joe Kohn and on July 8th 2010 with Michael Chasse, NPS and a group of the Presidio Trust interns - last updated 12/2012.

Several species are from the upper parts of the Alice Estwood trail in maritime chaparral, most are from Coast Redwood forest. The Latin names are updated and taxonomic changes have been made since the printing of the 1993 Jepson Manual.

ADOXACEAE (MOSCHATEL FAMILY)

Sambucus nigra ssp. *caerulea* Blue-berried Elder

AGAVACEAE (AGAVE FAMILY)

Chlorogalum pomeridianum var. *pomeridianum* Soap Plant

ALLIACEAE (ONION FAMILY)

Allium triquetrum European Wild Onion *

ANACARDIACEAE (SUMAC FAMILY)

Toxicodendron diversilobum Poison Oak

APIACEAE (CELERY FAMILY)

Anthriscus caucalis Carrot-parsley *

Conium maculatum Poison Hemlock *

Foeniculum vulgare Sweet Fennel *

Heracleum maximum Cow Parsnip

Oenanthe sarmentosa Water Parsley

Osmorhiza berteroi Sweet Cicely

Sanicula crassicaulis Pacific Sanicle, Snakeroot

Scandix pecten-veneris Shepherd's Needle *

Torilis arvensis Hedge Parsley *

ARALIACEAE (ARALIA FAMILY)

Aralia californica Elk Clover, Ca.Ginseng

Hedera helix English Ivy *

ASTERACEAE (ASTER FAMILY)

Achillea millefolium Yarrow

Adenocaulon bicolor Trail Marker

Agoseris grandiflora Mountain Dandelion

Anisocarpus madioides Woodland Madia

Arnica discoidea Rayless Arnica

Artemisia californica California Sagebrush

Artemisia douglasiana California Mugwort

Baccharis pilularis Coyote Brush

Carduus pycnocephalus Italian Thistle *

Centaurea melitensis Napa Thistle *

Cirsium vulgare Bull Thistle *

Cotula australis Green Buttons *

Helminthotheca echioides Bristly Ox-tongue *

Hieracium albiflorum White Hawkweed

Hypochaeris glabra Smooth Cat's-ear *

Hypochaeris radicata Hairy Cat's-ear *

Logfia gallica French Cudweed *

<i>Madia gracilis</i>	Slender Tarplant	
<i>Petasites frigidus</i> var. <i>palmatus</i>	Western Coltsfoot, Butterbur	
<i>Pseudognaphalium californicum</i>	California Everlasting	
<i>Pseudognaphalium luteoalbum</i>	Weedy Cudweed	*
<i>Senecio minima</i>	Australian Fireweed	*
<i>Soliva sessilis</i>	Soliva	
<i>Sonchus asper</i>	Prickly Sow-thistle	*
<i>Sonchus oleraceus</i>	Smooth Sow-thistle	*
<i>Taraxacum officinale</i>	European Dandelion	*
<i>Uropappus lindleyi</i>	Silver Puffs	
BERBERIDACEAE (BARBERRY FAMILY)		
<i>Berberis nervosa</i>	Long-leaved Oregon-grape	
BETULACEAE (BIRCH FAMILY)		
<i>Alnus rubra</i>	Red Alder	
<i>Corylus cornuta</i> ssp. <i>californica</i>	Hazelnut	
BORAGINACEAE (BORAGE FAMILY)		
<i>Cynoglossum grande</i>	Hound's Tongue	
<i>Eriodictyon californicum</i>	Yerba Santa	
<i>Myosotis latifolia</i>	N. African Forget-me not	
<i>Nemophila heterophylla</i>	White Nemophila	
<i>Nemophila parviflora</i>	Small-flowered Nemophila	
<i>Phacelia californica</i>	California Perennial Phacelia	
BRASSICACEAE (MUSTARD FAMILY)		
<i>Capsella bursa-pastoris</i>	Shepherd's Purse	*
<i>Cardamine californica</i> "var. <i>californica</i> "	Woodland Milk-maids	
<i>Cardamine oligosperma</i>	Bitter-cress	
<i>Hirschfeldia incana</i>	Summer Mustard	*
CAPRIFOLIACEAE (HONEYSUCKLE FAMILY)		
<i>Lonicera hispidula</i>	California Honeysuckle	
<i>Symphoricarpos albus</i> var. <i>laevigatus</i>	Bush Snowberry	
<i>Symphoricarpos mollis</i>	Dwarf Round-leaved Snowberry	
CARYOPHYLLACEAE (PINK FAMILY)		
<i>Cerastium glomeratum</i>	Annual Mouse-ear Chickweed	*
<i>Polycarpon tetraphyllum</i>	Allseed	*
<i>Silene gallica</i>	Windmill Pink	*
<i>Stellaria media</i>	Common Chickweed	*
CONVOLVULACEAE (BINDWEED FAMILY)		
<i>Calystegia purpurata</i> ssp. <i>purpurata</i>	Climbing Morning-glory	
<i>Dichondra donnelliana</i>	Pony's Foot	
CORNACEAE (DOGWOOD FAMILY)		
<i>Cornus sericea</i> ssp. <i>sericea</i>	Creek Dogwood	
CRASSULACEAE (STONECROP FAMILY)		
<i>Crassula connata</i>	Sand Pigmy-weed	
<i>Dudleya cymosa</i> ssp. <i>cymosa</i>	Rock Lettuce	

CUCURBITACEAE (CUCUMBER FAMILY)		
<i>Marah fabacea</i>	Manroot	
<i>Marah oregana</i>	Oregon manroot	
CYPERACEAE (SEDGE FAMILY)		
<i>Carex</i> sp.	Green Sedge	
<i>Cyperus eragrostis</i>	Umbrella Sedge	
DENNSTAEDTIACEAE (BRACKEN FERN FAMILY)		
<i>Pteridium aquilinum</i> var. <i>pubescens</i>	Western Bracken Fern	
DRYOPTERIDACEAE (WOOD FERN FAMILY)		
<i>Dryopteris arguta</i>	Common Woodfern	
<i>Polystichum munitum</i>	Common Swordfern	
EQUISETACEAE (HORSETAIL FAMILY)		
<i>Equisetum telmateia</i> var. <i>braunii</i>	Giant Horsetail	
ERICACEAE (HEATHER FAMILY)		
<i>Arbutus menziesii</i>	Madrone	
<i>Arctostaphylos glandulosa</i> ssp. <i>cushingiana</i>	Eastwood's Smooth Manzanita	
<i>Arctostaphylos sensitiva</i>	Shatterberry Manzanita	
<i>Rhododendron macrophyllum</i>	Rose-bay	
<i>Rhododendron occidentale</i>	Western Azalea	
<i>Vaccinium ovatum</i>	Huckleberry	
FABACEAE (FAVA BEAN FAMILY)		
<i>Acmispon parviflorus</i>	Tiny -lowered Lotus	
<i>Genista monspessulana</i>	French Broom	*
<i>Hoita macrostachya</i>	Indian-hemp	
<i>Lathyrus vestitus</i> var. <i>vestitus</i>	Hillside Pea	
<i>Medicago polymorpha</i>	Bur Clover	*
<i>Pickeringia montana</i>	Chaparral Pea	
<i>Trifolium dubium</i>	Shamrock	*
<i>Vicia sativa</i> ssp. <i>nigra</i>	Narrow-leaved Vetch	*
FAGACEAE (BEECH FAMILY)		
<i>Chrysolepis chrysophylla</i> var. <i>minor</i>	Bush Chinquapin	
<i>Notholithocarpus densiflorus</i> var. <i>densiflorus</i>	Tanbark Oak	
<i>Quercus agrifolia</i> var. <i>agrifolia</i>	Coast Live Oak	
<i>Quercus chrysolepis</i>	Canyon Live Oak	
<i>Quercus wislizeni</i>	Interior Live- Oak	
GARRYACEAE (SILKTASSEL FAMILY)		
<i>Garrya elliptica</i>	Silk Tassel Bush	
GERANIACEAE (GERANIUM FAMILY)		
<i>Erodium botrys</i>	Long-fruited Broad-leaf Filaree	*
<i>Erodium cicutarium</i>	Red-stem Filaree	*
<i>Geranium robertianum</i>	Herb Robert	*
GROSSULARIACEAE (GOOSEBERRY FAMILY)		
<i>Ribes menziesii</i>	Canyon Gooseberry	
<i>Ribes sanguineum</i> var. <i>glutinosum</i>	Pink Flowering Currant	

HYDRANGEACEAE (HYDRANGEA FAMILY) Whipplea modesta	Modesty	
IRIDACEAE (IRIS FAMILY) Iris douglasiana "var. major"	Inland forma Douglas' Iris	
JUNCACEAE (RUSH FAMILY) Juncus bufonius var. bufonius Juncus effusus Juncus patens Luzula comosa	Toad Rush Rush Blue-green Rush Woodland Wood-rush	
LAMIACEAE (MINT FAMILY) Clinopodium douglasii Lepechinia calycina Stachys rigida var. quercetorum Stachys chamissonis	Yerba Buena Pitcher Sage Woodland Hedge-nettle Large Hedge-nettle	
LAURACEAE (LAUREL FAMILY) Umbellularia californica	California Bay	
LILIACEAE (LILY FAMILY) Clintonia andrewsiana Fritillaria affinis var. affinis Lilium pardalinum Prosartes hookeri Prosartes smithii Scoliopus bigelovii	Clintonia Mission Bells Leopard Lily Green Fairy-bells White Fairy-bells Fetid Adder's-tongue	
LINACEAE (FLAX FAMILY) Linum bienne	Pale Flax	*
LYTHRACEAE (LOOSESTRIFE FAMILY) Lythrum hyssopifolia	Loosestrife	
MELANTHIACEAE (FALSE HELLEBORE FAMILY) Toxicoscordion fremontii Trillium chloropetalum Trillium ovatum ssp. ovatum	Tall Star Lily Sessile-flower Wakerobin (deep red-purple) Pedunculate-flower Wakerobin (white)	
MONTIACACEAE (MINERS-LETTUCE FAMILY) Montia diffusa Claytonia perfoliata	Redwood Montia (Muir Woods N. on Bootjack Trail) Miners Lettuce	
MYRSINACEAE (MYRSINE FAMILY) Anagallis arvensis Trientalis borealis ssp. latifolia	Scarlet Pimpernel Star-flower	
ORCHIDACEAE (ORCHID FAMILY) Calypso bulbosa Corallorhiza maculata var. maculata Epipactis helleborine Piperia transversa	Fairy Slipper Orchid Spotted Coralroot European Helleborine Transverse-spur Rein Orchid	*

PHRYMACAEAE (LOPSEED FAMILY)		
Mimulus aurantiacus	Sticky Bush Monkeyflower	
Mimulus guttatus	Perennial Yellow Monkeyflower	
PINACEAE (PINE FAMILY)		
Pseudotsuga menziesii var. menziesii	Douglas-fir	
PLANTAGINACEAE (PLANTAIN FAMILY)		
Plantago lanceolata	Ribwort, English Plantain	*
Veronica arvensis	Annual Speedwell	
POACEAE (GRASS FAMILY)		
Agrostis viridis	Water Bent	*
Aira caryophyllea	Silver Hair Grass	*
Anthoxanthum occidentale	Vanilla Grass	
Avena barbata	Slim Oat	*
Briza maxima	Rattlesnake Grass	*
Briza minor	Little Rattlesnake Grass	*
Bromus laevipes	Woodland Brome	
Cortaderia jubata	Pampas Grass	*
Cynosurus echinatus	Dogtail Grass	*
Ehrharta erecta	Veldt Grass	*
Elymus californicus	Ca. Bottlebrush Grass	LIST 4.3
Festuca bromoides	Annual Fescue	*
Melica geyeri	Onion-root Melica	
Melica torreyana	Slender Melica	
Phalaris aquatica	Harding Grass	*
Poa annua	Annual Bluegrass	*
POLEMONIACEAE (PHLOX FAMILY)		
Collomia heterophylla	Little Pink Collomia	
POLYGALACEAE (MILKWORT FAMILY)		
Polygala californica	Milkwort	
POLYGONACEAE (BUCKWHEAT FAMILY)		
Eriogonum nudum var. nudum	Nude Buckwheat	
Rumex acetosella	Sheep Sorrel	*
Rumex conglomeratus	Leafy Dock	*
POLYPODIACEAE (POLYPODY FERN FAMILY)		
Polypodium calirhiza	Common Woodland Polypody Fern	
Polypodium glycyrrhiza	Licorice Fern	
PTERIDACEAE (BRAKE FERN FAMILY)		
Adiantum aleuticum	Five-finger Fern	
Adiantum jordanii	California Maidenhair	
Pellaea andromedifolia	Coffee Fern	
Pentagramma triangularis	Goldback Fern	
RANUNCULACEAE (BUTTERCUP FAMILY)		
Anemone grayi	Windflower	
Aquilegia formosa	Red Columbine	

RHAMNACEAE (BUCKTHORN FAMILY)		
<i>Ceanothus cuneatus</i> var. <i>cuneatus</i>	Buck Brush	
<i>Ceanothus foliosus</i> var. <i>foliosus</i>	Indigo Bush	
<i>Ceanothus thrysiflorus</i>	Tall Blue Blossom	
<i>Frangula californica</i>	Coffeeberry	
ROSACEAE (ROSE FAMILY)		
<i>Adenostoma fasciculatum</i>	Chamise	
<i>Fragaria vesca</i>	Wild Strawberry	
<i>Holodiscus discolor</i>	Ocean-spray	
<i>Rosa gymnocarpa</i>	Wood Rose	
<i>Rubus parviflorus</i>	Thimbleberry	
<i>Rubus ursinus</i>	California Blackberry	
RUBIACEAE (MADDER FAMILY)		
<i>Galium aparine</i>	Goosegrass Bedstraw	*
<i>Galium californicum</i> ssp. <i>californicum</i>	Hairy Bedstraw	
<i>Galium porrigens</i> var. <i>porrigens</i>	Climbing Bedstraw	
<i>Galium triflorum</i>	Sweet-scented Forest Bedstraw	
<i>Sherardia arvensis</i>	Field Madder	*
RUSCACEAE (BUTCHERS-BROOM FAMILY)		
<i>Maianthemum racemosum</i>	Fat Solomon	
<i>Maianthemum stellatum</i>	Slim Solomon	
SAPINDACEAE (SOAPBERRY FAMILY)		
<i>Acer macrophyllum</i>	Big-leaf Maple	
<i>Aesculus californica</i>	California Buckeye	
SAXIFRAGACEAE (SAXIFRAGE FAMILY)		
<i>Boykinia occidentalis</i>	Brook-foam	
<i>Heuchera micrantha</i>	Alum-root	
SCROPHULARIACEAE (FIGWORT FAMILY)		
<i>Scrophularia californica</i> ssp. <i>californica</i>	Bee-plant	
SELAGINELLACEAE (MOSS FERN FAMILY)		
<i>Selaginella wallacei</i>	Wallace Moss Fern	
TAXACEAE (YEW FAMILY)		
<i>Torreya californica</i>	California -nutmeg	
TAXODIACEAE (REDWOOD FAMILY)		
<i>Sequoia sempervirens</i>	Redwood	
THEMIDACEAE (WILD HYACINTH FAMILY)		
<i>Dichelostemma capitatum</i>	Blue-dicks	
URTICACEAE (NETTLE FAMILY)		
<i>Urtica dioica</i> ssp. <i>holosericea</i>	Stinging Nettle	
VIOLACEAE (VIOLET FAMILY)		
<i>Viola sempervirens</i>	Redwood Violet	
WOODSIACEAE (WOODSIA FERN FAMILY)		
<i>Athyrium filix-femina</i> var. <i>cyclosorum</i>	Lady-fern	

Notes

- * Non-native plants or natives planted out of natural native location.
- List 1 Listed, 2008, in the C.N.P.S. Inventory of Rare & Endangered Plants, highest priority.
- List 3 Listed as plants about which more information is needed.
- List 4 Listed as plants of limited distribution.
- " " a different opinion from Jepson Manual 2